



**ASIAN SENIOR KURASH CHAMPIONSHIP,
KCAO ORDINARY CONGRESS,
INTERNATIONAL COACHING AND REFEREEING SEMINAR,
REFEREE AND COACHING EXAM**

25-29 April 2023, Hangzhou, China

**XI ASIAN SENIOR KURASH CHAMPIONSHIP
KCAO DC MEETING
KCAO CONGRESS
Kurash Confederation Asia–Oceania
(RANKING SYSTEM EVENTS)**





International Kurash Association Kurash Confederation of Asia-Oceania

We are KURASH FAMILY

25-29 April 2023

- ◆ **KCAO DC Meeting**
- ◆ **KCAO Congress**
- ◆ **Asian Senior Kurash Championship**
- ◆ **IKA Referee & Coaching Seminar,**
- ◆ **IKA Referee & Coaching Exam (1-2 Star, B License)**

<http://kurash-ika.org>

[http://](http://www.kurash-) <http://www.kurash->

www.kurash-
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Dear Friends and Colleagues,

I am pleased to announce the exciting news for Asia's top Kurash players, kurash coaches, referees and all of Asia's kurash devotees.

According to the agreement between the International Kurash Association and the Organizing Committee of the Hangzhou Asian Games, the Asian Kurash Championship will be held in Hangzhou before the Summer Asian Games.

From April 25th-29th, 2022 a big Kurash celebration will be held, as well as a KCAO Congress, DC meeting, the IKA Referee Examinations and the Asian Senior Championship.

I wish you success in future events and I look forward to seeing you all in Hangzhou.

Haider Farman
President of IKA



Dear Kurash Family

We welcome you to the beginning of another year full of competitions in Kurash in our continent.

In 2023 many kurash holidays and unique and enjoyable competitions are waiting for you, our dear kurash devotees.

The Asia-Oceania Kurash Confederation traditionally presents the Asian Senior Kurash Championship as the year's first competition.

On April 25th-29th, a big wrestling festival in 15 weight categories will be held in Hangzhou, China.

At first to Haider Farman, President of IKA, who makes a great contribution to the organization of these competitions, I express my gratitude, as well as IKA General Secretary Mohammad Reza Nassiri and the organizing committee of the Hangzhou Asian Games.

Also, on behalf of KCAO and myself, we welcome all guests, participants, referees, coaches, officials and spectators attending the Asian Senior Kurash Championship in Hangzhou.

I hope you all enjoy your stay in Hangzhou! I believe that you will enjoy the fun, fair and beautiful atmosphere of Kurash.

All necessary efforts are being made for this.

I would like to take this opportunity to wish all the participants great success!

Komil Ruziev
President of KCAO



COMPETITION INFORMATION

ORGANIZER:

Kurash Confederation of Asia -Oceania

100128, Bakhor 70 a, Tashkent, Uzbekistan

E-mail: huxl@hangzhou2022.cn , info@kurash-kcao.org

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COMPETITION VENUE:

Xiaoshan Linpu

Gymnasium

311256, Xiao Shan District, Hang Zhou

City, China



Xiaoshan Linpu Gymnasium, serving as the competition and training venue for Kurash, Judo, Ju-Jitsu competition during Asian Games Hangzhou 2022,

is located in Linpu Town, Xiaoshan District, Hangzhou.

This sports complex is designed for 3000 spectators. The complex also has a VIP area and a special Media area. There is a conference hall for the press and meetings.

An additional hall for changing clothes, washing, and training for athletes was built based on modern international sports standards.



XII Asian Senior Kurash Championships -Ranking System Events- 2023

I. AIMS

The XI Asian Senior Kurash Championship shall be held to determine the strongest Kurash players of Asia in respective weight categories.

II. VENUE AND DATES

- (1) Country & City: Hangzhou, China
- (2) VENUE: Xiaoshan Linpu Gymnasium
- (3) DATES: 25-29 April 2029
- (4) The championships organized and held by International Kurash Association (IKA) and China Kurash Federation (Organizing Committee - OC).
- (5) OC under the supervision International Kurash Association (IKA)

III. ELIGIBILITY & CATEGORIES

- (1) Categories of Male: -60kg, -66kg, -73kg, -81kg, -90kg, -100kg, +100kg
- (2) Categories of Female: -48kg, -52kg, -57kg, -63kg, -70kg, -78kg, -87kg, +87kg
- (3) Each Nation can enter a maximum 1 player in each weight category.
- (4) All players must have 2 lines or more lines of kurash belt grading.
- (5) Ranking Players from similar martial arts sports will not be able to register.
- (6) All players must be citizens of the country they represent in order to compete.
- (7) Asian Male / Female kurash players representing National Kurash Federations – Official members of the IKA can only compete at the Asian championship.
- (8) Each nation can enter 1 Referee with International 1,2 or 3 stars.
- (9) Team coach must have IKA Coaching A or B License.

IV. AWARDS

Medalists of the XII Asian Senior Kurash Championships will be awarded with medals and diplomas.

V. DEADLINE FOR SENDING APPLICATIONS FOR PARTICIPATION

- (1) Federations that fail to submit applications and travel schedules before these deadlines, shall
able to receive free hotel accommodation and meals.
- (2) Copies of the official application and travel schedule forms are attached. Properly filled forms, scanned passport copies and color passport-size photos of each delegate should be submitted by email to the following addresses: huxl@hangzhou2022.cn and
- (3) info@kurash-kcao.org
Deadline: 20/March/2023

VI. DRAW

The draw will be conducted automatically one day before the competition in accordance with the rules and regulations of IKA



XII Asian Senior Kurash Championships -Ranking System Events- 2023

VII. LIABILITY

- (1) Neither KCAO nor China Kurash Federation shall hold any liability in case of injury or any the personal loss experienced by the delegates throughout their visit.
- (2) The delegates are liable for their own insurance.

VIII. RULES OF THE COMPETITIONS

- (1) The championships will be governed by the International Kurash Association rules.
- (2) The English language version of the rules is available at the IKA website www.kurash-ika.org
- (3) **Please note under new rules approved in 2017 any player without standard YAKHTAK will be automatically disqualified once on the Gilam.**

IX. DOPING CONTROL

Doping control in each weight category will be done with the cooperation of the Anti-Doping Agency (NADO) in accordance with WADA guidelines.

X. FINANCIAL CONDITIONS

- (1) Organizing Committee will cover a delegation of **3 People per country** (1 President or 1 Coach/2 Players) **free of charge**, which includes – Local transport /Accommodation 3 Times Meal. (from 25 to 29 April)/ Providing there are at least 5 athletes in the team.
- (2) All **extra people** besides the 3 free quotas will be charged \$60USD per person in a double occupancy room which includes 3 times meals, and USD 100 per day for a single occupancy room which includes 3 times meals. All extra people must pay for PCR tests by themselves. No ID card will be issued for anyone staying outside the Official Accommodations.

Athlete Official Hotel: Huiyu Hotel, Lin pu, Xiao shan District, China

Technical Officials Official Hotel: Kaiyuan Mingting Hotel, Lin pu, Xiao shan District, China

XI. IKA REFEREE EXAM 1 STAR / 2 STAR / IKA COACHING B EXAM

- (1) The Referee exams quota MAX 2 Per Country.
Exam costs: \$100 for 1 star and \$ 200 for 2 stars .
Referee exams are taken during the championship. English Language Needed!
- (2) The Coaching exams quota MAX 4 Per Country.
Exam costs: \$100 in B License.
All Participants must cover all their costs.

XII. VISA SUPPORT

- (1) The Organizing Committee shall provide visa support to participants of the championships.
The visa to enter China shall be issued online or at the Embassies of China in respective countries.
- (2) National Federations should send correctly filled application forms and passport copies of each delegate before the deadline **20.March 2022 12.00 noon GMT of in order to ensure the visa support.**
- (3) Applications sent late for visa does not guarantee the visa on time and OC has no responsibility whatsoever, all expenses related to visas should be covered by delegations.



2022 XI Asian Senior Kurash Championships -Ranking System Events-

XIII. DUTIES OF PARTICIPANTS

You will not be allowed into China without a valid COVID-19 Negative test (valid for 48 HRS) with QR code and Valid Vaccine Certificate.

- (1) The audio (mp3) record of the national anthem.
- (2) They should submit the flags and anthem to the OC members at the accreditation desk.
- (3) All delegations must bring their own kurash uniform -Yakhtak.

PROGRAM

2023 Apr/25/ TUE	14:00-24:00	The arrival of all teams to Hangzhou Seminar / Experts/Referees / VIP / Accreditation	International Airport Hangzhou and Shanghai Official Hotel
2023 Apr/26/ WED	14:00-24:00	Arrival of teams	International Airport Hangzhou and Shanghai Official Hotel
	09:00-12:00	Coaching and Refereeing seminar theory	Press Conference Room,Xiaoshan Linpu Gymnasium
	12:00-14:00	Lunch (Athlete)	Huiyu Hotel
	12:00-14:00	Lunch (Technical Officials)	Kaiyuan Mingting Hotel
	14:00-17:00	Coaching and Refereeing seminar Practical	Xiaoshan Linpu Gymnasium
	11:00-18:00	Training for Teams (reservation needed)	
	09:00-24:00	Accreditation	
	18:00-21:00	Dinner	Huiyu Hotel,Lin pu,Xiaoshan District
2023 Apr/27/ THU	09:00-12:00	Coaching and Refereeing seminar Practical	Xiaoshan Linpu Gymnasium
	12:00-14:00	Lunch	Huiyu Hotel
	14:00-17:00	Coaching (Last Day) and Refereeing seminar Practical	Xiaoshan Linpu Gymnasium
	15:00-16:00	KCAO DC Meeting	Press Conference Room,Xiaoshan Linpu Gymnasium
	16:00-18:00	KCAO Congress	
	18:00-20:00	Technical Meeting / Draw All Weights Asian Senior Championships	Press Conference Room,Xiaoshan Linpu Gymnasium
	20:00	A Welcome Dinner Party Hosted by OC	Kaiyuan Mingting Hotel
2023 Apr/28/ FRI	06:00-07:00	Unofficial Weigh-in Male: -81/-90/-100/+100 Female: -48/-52/-57/-63kg	Weigh-in Room,Xiaoshan Linpu Gymnasium
	07:00-08:00	Official weigh-in Male: -81/-90/-100/+100 Female: -48/-52/-57/-63kg	
	10:00-13:00	Preliminaries Male: -81/-90/-100/+100 Female: -48/-52/-57/-63kg	Xiaoshan Linpu Gymnasium
		Exam Referees	
		14:00-18:00	
2023 Apr/29/SAT	06:00-07:00	Unofficial Weigh-in Male: -60/-66/-73kg Female: -70/-78/-87/+87kg	Weigh-in Room,Xiaoshan Linpu Gymnasium
	07:00-08:00	Official weigh-in Male: -60/-66/-73kg Female: -70/-78/-87/+87kg	Weigh-in Room,Xiaoshan Linpu Gymnasium
	10:00-13:00	Preliminaries Male: -60/-66/-73kg Female: -70/-78/-87/+87kg	Xiaoshan Linpu Gymnasium

	14:00-18:00	Semi-Finals / Finals / Awarding Male: -60/-66/-73kg Female: -70/-78/-87/+87kg	
2023 Apr/30/SUN		Departure from Hangzhou	International Airport Hangzhou and Shanghai

**** Please Note that all the above schedules are subject to change with prior notice.

欢迎来到杭州 Welcome to Hangzhou!!!