

Amendments to International Kurash Rules for «Beach Kurash» (effective from 20 July 2016)

Competition area

1. Competition area in Beach Kurash shall be a smooth sand area.
2. The minimal size of the competition area shall be 8 by 8 meters. The area could also be of following sizes: 10 x 10 m, 12 x 12 m, 14 x 14 m.
3. The edge of the area shall be the red or blue color line of 20 centimeters of width. The area inside the line shall be called “working or competition zone”, the area beyond the line shall be called “dangerous zone”.
4. The distance from the edge line to the nearest spectators stands (i.e. “dangerous zone”) shall be at least five meters.
5. The competition action by players shall be done only inside the “working zone”.

Points and penalties in Beach Kurash

The scoring and penalty system in Beach Kurash shall be the same as in main Kurash.

Weight and age categories in Beach Kurash

The weight and age categories in Beach Kurash shall be the same as in main Kurash.

Duration of bout in Beach Kurash

The duration of the bout in Beach Kurash for different age and sex categories shall be the same as in main Kurash.

Players' uniform in Beach Kurash

In accordance with the rules of main Kurash, the uniform in Beach Kurash shall be the Yakhtak. In Beach Kurash the length of the sleeve of the jacket shall be 10 centimeters below the elbow. Players shall wear white cotton or synthetic shorts that shall be 10 centimeters below the knee.

Referees' uniform in Beach Kurash

The referees officiating at the Beach Kurash bouts shall wear a white cap, a white polo shirt with collar, white shorts, white socks and white sneakers.