

INTERNATIONAL KURASH ASSOCIATION

DOCUMENT EOR

(VER/3 2019)

Event and Organization Rules

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www.kurash-ika.org

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Abbreviations

EOR – Event and Organization Rules
EOG - Event Organization Guide
IKA - International Kurash Association
IOC - International Olympic Committee
ANOC – Association of National Olympic Committees
ANOCA – Association of National Olympic Committees of Africa
EOC – European Olympic Committees
OCA- Olympic Council of Asia
ONOC – Oceania National Olympic Committees
PanamSports – Panam Sports Organization
LOC - Local Organizing Committee
NF – National Federation
NOC - National Olympic Committee
SOR - Sport and organization Rules
WRL - World Ranking List
N/A- Not applicable

Exceptional Situations

Any situation that is not covered by the International Kurash Association (IKA) Event and Organization Rules (EOR) shall be dealt with by the IKA TD, Referee Director, Sport Director and two (2) DC members. If an urgent decision is needed and a Directing Committee decision is not possible the IKA Ad Hoc Commission shall be composed of one (1) representative from Refereeing, one (1) from Sport and Technical Delegate. If possible, composition of the Ad Hoc Commission shall include one (1) IKA elected official.

Amendment to the Sport and organization Rules

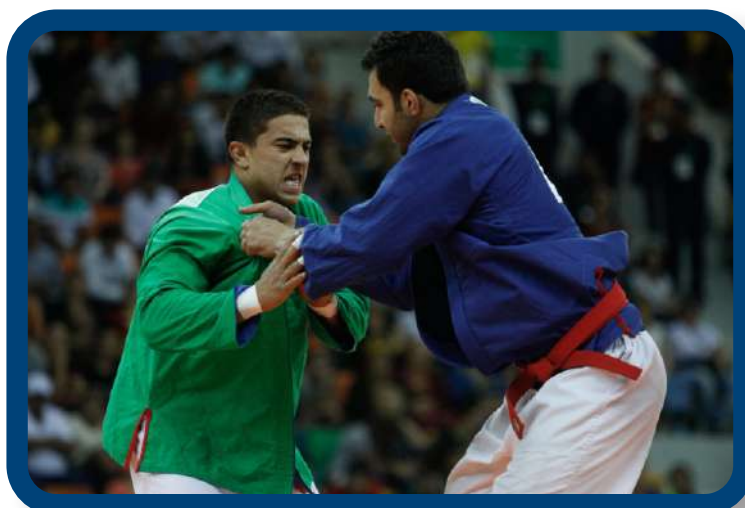
The IKA is entitled to amend its rules and regulations in a reasonable manner at any time, based on its operation and management needs and pursuant to legal procedures. The IKA Directing Committee shall approve amendments. The IKA shall notify such amendments to its members during Congress for final approval of majority votes.

In the IKA EOR the gender is used to refer to any physical person, (i.e., member, leader, team official, participant, athlete, coach, judge, referee, or chaperone etc.).

The terms “National Kurash Federation” and “National Federation” shall refer to official members of the IKA.

The original language of this document is English.

Comments, suggestions and proposals ONLY through National Federation (NF), in writing can be sent to info@kurash-ika.org.



Event and Organisation Rules



General info:



Event and Organisation Rules

1.1 Preamble and Basic Principles

The Event and organization Rules (EOR) of the International Kurash Association (IKA) in conjunction with the statutes, finance rules, contract with the relevant National Kurash Federation (hereafter referred to as National Federation) and the IKA Event organization Guide (EOG), are the binding documents for the holding of the events of the IKA throughout the world. ALL events need Approval by the IKA or Continental Union by 31st December each year for the new calendar year which follows.

Specific supplemental procedures shall be issued for the holding of Kurash competitions at the Asian Games and/or Continental Games.

The IKA shall allocate events to host organizing committees. The organisation of any world championships is the concern of the following bodies: the IKA, the Continental Union to which the organizing National Federation belongs and the National Federation, which has been commissioned by the IKA Directing Committee to be the host. The Continental Union is consulted in any questions and supports both the IKA and the National Federation. The National Federation shall name an Organizing Committee to deal with the organization of the event.

The IKA shall accept control of ANY Tournament / championships or even regional Kurash competitions whenever this is so directed by the IKA. This requires adherence to the above rules and documents. In such Kurash competitions refereeing and technical organization shall be dealt with by the Continental Union or regional body, and supervised by the officials nominated by the IKA. Any cancellation or change of dates or country shall get approval from the IKA.

NF cancelling events which are already in the calendar without reasonable excuse (2 months before date) shall face Disciplinary Action against them, and the IKA may stop them to host championships in the future.

1.1.1 Behavior at the IKA Events

Everyone attending the IKA event shall always be mindful of their behavior, following the Kurash rules and values. Unacceptable behavior, violence or aggression shall not be tolerated. Any athlete who disrespects their opponent at the end of the contest risks disqualification, removal of Medal or prize money and of WRL points and a disciplinary action may be initiated in accordance with the IKA Ethics and Disciplinary Code.

1.2 Clean Kurash

Integrity, discipline, and ethics are core principles in Kurash, both on and off the field of play, refer to the IKA Ethics and Disciplinary Code.

Further information on the International Olympic Committee (IOC) Code of Ethics can be found in this document "Olympic Movement Code on the Prevention of the Manipulation of Competitions".



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<https://stillmed.olympics.com/media/Document%20Library/OlympicOrg/IOC/What-We-Do/Protecting-Clean-Athletes/Competition-manipulation/Code-Prevention-Manipulation-Competitions.pdf>

Betting companies and organizations responsible for betting cannot be used on any advertising and marketing materials used on the IKA Events.

1.2.1 Disciplinary Commission

The IKA Directing Committee has the authority to establish a Disciplinary Commission to evaluate presumed violation of the IKA rules and it reserves the right to take disciplinary measures in the case of cheating, misconduct and any behavior contrary to the ethics and moral values of sport, and any violation of the IKA EOR.

The IKA Disciplinary Commission shall take sanctions in compliance with the IKA Ethics and Disciplinary Code. If during the IKA event, starting from the arrival (normally airport or train station) at the event and until the departure from the event, there is any incident, an immediate decision to suspend anyone involved may be taken on the spot according to the IKA Ethics and Disciplinary Code. This decision shall be placed under the responsibility of General Secretary and/or Technical Director or IKA Directing Committee member in case such a member is nominated before each event by the IKA President, who shall form an IKA Ad Hoc Commission to deal with the issue. The IKA Ad Hoc Commission shall consist of IKA Directing Committee members or their representatives.

Any incident shall be communicated immediately to the IKA President, IKA Directing Committee members and the IKA Disciplinary Commission. A possible sanction decision shall be taken after having heard the person/people concerned and any potential witness(es). If the concerned person is a minor, an adult responsible for the delegation shall accompany them during the discussion. As soon as the decision is taken, the IKA Ad Hoc Commission shall immediately inform the IKA President, the IKA Directing Committee and the IKA Disciplinary Commission about its decision.

A report of the incident and final decision shall be sent to the IKA Disciplinary Commission, c/o the IKA General Secretary, within three days of the date of the incident. The report shall state the following: the facts, including the recall of the alleged facts, a summary of the observations and arguments of the parties, the grounds for the decision and any other comments.

The IKA Disciplinary Commission, upon receipt of the documents, shall inform those involved about its decision 15 days after the date of the incident. The IKA Disciplinary Commission shall decide the start date and the duration of the suspension.



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If an individual disagrees with a decision, a written appeal may be submitted to the IKA Disciplinary Commission, c/o the IKA General Secretary, within one calendar month from the incident date. In the case of suspension, the decision shall stand until the outcome of the appeal is heard.

1.2.2 Match Fixing and Competition Manipulation

The integrity of sport depends on the outcome of sporting events and competitions being based entirely on the merits of the participants involved. Any form of corruption that might undermine public confidence in the integrity of a Kurash contest is fundamentally contrary to the spirit of sport and subject to severe sanctions.

The IKA has rules dedicated to sports integrity in relation to betting. There are four core rules to remember:

- Always do your best, never fix a contest.
- Never bet on your competition, never bet on your sport.
- Never share information that could be used for betting purposes, or any form of manipulation of sports competitions or any other corrupt purposes whether by the participant or via another person and/or entity.
- If you are approached to cheat, speak out!

Competition manipulation is defined as an intentional arrangement, act or commission aimed at an improper alteration of the result or the course of a sports competition to remove all or part of the unpredictable nature of the sports competition with a view to obtaining an undue benefit for oneself or for others. If a contest takes place and seems to have been played to a predetermined result, violating the IKA rules, further investigation may be undertaken, and any findings of match fixing shall result in disciplinary action according to the IKA Ethics and Disciplinary Code.

If in the IKA events (individual or team), an athlete is injured or ill before a contest and needs to withdraw they shall have a medical certificate, and shall inform the IKA Technical Director or the IKA Sports Director.

The IKA may undertake further investigation, and any findings of match fixing shall result in disciplinary action. The result of the contest shall be cancelled if any athlete is caught not telling the truth.

Match fixing and competition manipulation can be reported, anonymously and confidentially. Any report made in good faith shall not be sanctioned. Any form of retaliation against whistle-blowers is prohibited and such action shall be sanctioned.

Failure to report to the International Kurash Association (IKA) at the first available opportunity any information about betting, match fixing or competition manipulation including that could amount to a violation of the EOR.

The following conducts constitute a violation of the EOR:

- Failing to cooperate with any investigation carried out by the IKA in relation to a possible breach of this regulation, including, without limitation, failing to provide accurately, completely and without undue delay any information and/



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or documentation and/or access or assistance requested by the IKA as part of such investigation;

- Obstructing or delaying any investigation that may be carried out by the IKA in relation to a possible violation of this regulation, including without limitation concealing, tampering with, or destroying any documentation or other information that may be relevant to the investigation.

1.2.2 Policy for Safeguarding Athletes and Other Participants from Harassment and Abuse

This policy applies to all persons affiliated with the IKA including athletes and can be found here:

<https://olympics.com/athlete365/courses/safeguarding/>

“Harassment” or “harassment and abuse” includes physical or psychological abuse and sexual abuse (which can be a form of physical and/or psychological abuse).

“Physical or psychological abuse” means any improper and unwelcome conduct that might reasonably be expected or be perceived to cause offence, harm, or humiliation to another.

“Sexual abuse” means any unwanted, groomed or forced involvement in sexual behavior, unwelcome verbal or physical conduct or gesture of a sexual nature (e.g., the use of offensive stereotypes based on gender, sexual jokes, threats, intimidation) that might reasonably be expected or be perceived to cause offence or humiliation to another.

Harassment can be based on any grounds such as race, religion, colour, creed, ethnic origin, physical attributes, gender, or sexual orientation. It can include a one-off incident or a series of incidents. It may be in person or online. Harassment may be deliberate, unsolicited and coercive. Harassment and abuse often result from an abuse of authority, meaning the improper use of a position of influence, power or authority by an individual against another person.

Cases of harassment and abuse can be reported on the Clean Kurash platform and shall be investigated by the IKA Disciplinary Commission in compliance with the IKA Disciplinary Code (Appendix G).

Any alleged incidents of harassment and abuse shall be regarded as confidential and personal information (including name, date of birth, address, identification numbers) shall not be disclosed, except, for example, if the concerned person gives his prior consent, if disclosure is necessary to protect someone from harm or if a potential criminal act comes to the attention of the IKA.

Harassment and abuse can be reported, anonymously and confidentially .



1.3 Insurance and Civil Liability

Each National Federation is directly responsible for its athletes (including the control of non-pregnancy). It shall assume all responsibility for accident and health insurance as well as civil liabilities during all the IKA events for everyone under their charge.

National Federations are responsible to provide insurance guarantees to their delegates during any IKA event. The LOC of the event and the IKA shall not be responsible in the absence of any kind of insurance.

The entity contractually bound to the IKA for the organisation of the event shall take all necessary actions to provide insurance coverage against civil liability for the entire duration, including disabilities and death incurred. The LOC of the event and the IKA have no liability for any claims of injury, illness or death arising from the travelling to and the participation in this event.

1.4 Gender Control

Control of an athlete's gender is the responsibility of the National Federation. The IKA shall apply the current IOC recommendation. Any decisions of a member National Federation concerning an athlete's gender shall be communicated immediately to the IKA President.

Any official complaint by a National Federation, a Continental Union, or a member of the IKA Directing Committee concerning an athlete's gender shall be sent to the IKA President. Based on the official complaint, the IKA Directing Committee shall decide if it is necessary to follow up on this complaint and to bring it before the Gender Control Commission. The IKA Directing Committee can also call out to the member National Federation of the athlete concerned so that they decide on the gender of the athlete concerned.

The Gender Control Commission is composed of a doctor competent in the field of gender reassignment, a jurist, and a member of the IKA Directing Committee appointed by the IKA President.

This Commission shall be able to call on experts recognised in this field.

All decisions made by a member National Federation about an athlete's gender shall be submitted exclusively by the athlete concerned to the IKA Gender Control Commission in the case of contestation.

The IKA Gender Control Commission shall have the full authority to ask all those concerned for any documents or information necessary for the hearing of the case which has been referred. The IKA Gender Control Commission shall establish an internal regulation to define the progress of the procedure that shall guarantee the confidentiality of the procedure and respect data protection and the private lives of those concerned.

The decision of the IKA Directing Committee not to follow up on an official complaint, as well as the decisions of the IKA Gender Control Commission, can be submitted exclusively by way of appeal to the Court of Arbitration for Sport in



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Lausanne, Switzerland which shall decide on litigation according to the code of arbitration concerning the sport.

The period of appeal is twenty-one days from receipt of the decision being the subject of the appeal. The panel shall be composed of only one judge. The language of the arbitration shall be English.

1.5 Minor Athletes

The National Federation is responsible for obtaining legal approval and permission for minor athletes to compete in competitions. When travelling with minors the team official/coach shall have all the necessary documents in place that authorises them to act on behalf of the parents/guardians.

This also applies to doping control. The National Federation shall ensure that minor athletes have their parental/guardian permission to undergo testing.

1.6 IKA Calendar

The Directing Committee shall agree to and approve the schedule for all the IKA events in all continents by the 31st of December per year. The OCA shall approve the schedule for the Asian Games.

The current IKA calendars can be found on the IKA website or national federation group in social media. Any Changes to the IKA Calendar need the Confirmation and Approval of the IKA.

1.7 Athlete Nationality

The athletes shall be of the same nationality as the National Federation for which they have been entered for the competition. Persons appointed by the Directing Committee of the IKA shall verify the citizenship of the athletes. The evidence of citizenship shall be the production of a valid passport issued by the represented country.

In the following cases, procedures shall be applied:

8.2 Where the competitions are being held in a country in which the residents do not hold passports while in that country (proof of national ID card with photo is necessary).

8.2 Where there is a possible problem of “joint citizenship”, an acceptable substitute for the passport shall be a letter or certificate from the athlete’s National Olympic Committee (NOC) or, if there is no such body, from the National Sports Authority confirming the athlete’s residence in that country and the citizenship.

If an athlete has multiple citizenships, they may compete for only one country.



1.7.1 Change of Athlete Nationality

An athlete who has represented one country in:

- World Championships (seniors, juniors, cadets)
- Continental Championships (seniors, juniors, cadets)
- Regional Games and multi-sport Games (ASIAN GAMES OR REGIONAL GAMES)
- International tournaments organised by the IKA or under its auspices (Continental Open and Cup events)
- All competitions in the IKA calendar except club championships*

and who has changed his nationality or acquired a new nationality may represent this new country provided that at least three years have passed since the athlete last represented his former country.

If the two (2) National Federations (current country and new country) concerned agree, they may request the IKA to shorten the period of three years or even to cancel the duration completely. Thus, the IKA can't shorten the three years' period without written agreement from both National Federations concerned and the athlete having a valid passport for the new country.

1.7.1.1 Change of Athlete Nationality for a Period of Less than Three Years

An athlete cannot represent a new National Federation without the approval of the IKA.

The request to shorten the three-year period shall be sent via email by the National Federation (the new country) to the IKA General Secretariat (info@kurash-ika.org) and shall include the following documents:

- Letter from the President of the National Federation (the current country) certifying the absence of objection to the change of the nationality of the concerned athlete.
- Letter from the President of the National Federation (the new country) authorising the athlete to represent them in international competitions.
- Letter from the athlete, who has already represented one country, giving evidence of their wish to represent their new National Federation.
- A copy of the athlete passport proving the nationality of the new country.

On receipt of a complete file the IKA General Secretary shall examine it and send it out to the IKA Directing Committee for approval. If the majority of the IKA Directing Committee approves the request, the IKA General Secretary confirms the acceptance of the application to the concerned party. Any athlete disrespecting this rule may be subject to disciplinary measures.



1.7.1.2 Change of Athlete Nationality after a Period of Three Years or Longer

An athlete cannot represent a new National Federation without informing the IKA even if three years or longer have passed since the athlete competed for their previous National Federation.

The IKA shall be informed officially by the new National Federation via email to both the IKA General Secretariat - info@kurash-ika.org.

1.7.2 Special Circumstances

For events organised by the IKA or under its auspices, the IKA Directing Committee, to protect the interest of the athlete, can authorise that the athlete can compete under the IKA flag for any reason (for example: non-official refugee status).

1.7.2.1 Athletes with an Official Refugee Status

Kurash Player with an official refugee status, hosted by a country, can qualify themselves for the IKA or Continental Union competitions through their Host country national championships and consequently they shall compete internationally under the IKA Refugee Team. The National Federation requests shall be sent, with the official refugee status documents, to the IKA General Secretariat (info@kurash-ika.org). If the documents sent are completed, the agreement shall be automatically given by the IKA General Secretary following confirmation by the IKA President.

If there is a change in the status of the official refugee i.e., citizenship of a new country, return to their country of origin etc., the nationality change process shall be followed. For events organised by the IKA or under its auspices, the IKA Directing Committee can authorise that player with an official refugee status to compete under the IKA flag.

If there is a change in the status of the official refugee who competed under the IKA flag i.e., citizenship of a new country, return to their country of origin etc., the IKA Directing Committee would decide concerning the change of nationality and the world ranking points that the athlete has.

All documents relating to the new status and change request shall be submitted to the IKA General Secretariat at info@kurash-ika.org, within a deadline of at least 15 days prior to the closing date of registration for a certain event.

Athletes with an official refugee status competing under the IKA flag may take part in a continental championship in the continent that are a refugee in. To be authorised to compete in the said event, they shall have already



participated in an International competition (minimum continental cup) and be insured.

1.7.2.2 Junior and Younger Immigrants

Junior (men and women under 21, age 15 to 20 years in the calendar year) and younger foreign players living in a host country can participate in their host country national junior and younger championships and thus qualify themselves for the IKA or Continental Union junior and younger competitions. They can be registered, by the National Federation of the host country, into the IKA or Continental Unions junior and younger competitions if they meet the following requirements:

- To prove their residency in the host country (at least 1 year).
- To prove the integration of their parents in the host country (at least 1 year).
- To prove their integration in the school or university system (at least 1 year).
- To prove their integration in Kurash club of the host country, duly affiliated to the National Federation which is an IKA member.

If the National Federations of host countries wish to register these athletes, they shall send their request each year to the IKA General Secretariat (info@kurash-ika.org), with the above-mentioned documents. Additionally, the National Federations shall also attach the agreement of the player and the authorisation of the parents/guardians if minors.

The IKA shall review the submitted documents and if deemed compliant, the IKA shall approve the request and the General Secretary shall send a verification for the registration in system.

In case of approval, the concerned player shall compete under their host country flag.

For participation in the world championships junior, as senior World Ranking List (WRL) points are given, the decision shall be made on a case-by-case basis by the IKA Sport Director.

Should the athlete wish to return to his country of origin, or shall he change residence to another host country, he is free to do so and take any ranking points with him, upon submission of the documents proving the relocation to the IKA General Secretariat at info@kurash-ika.org. No change of nationality process is required.

1.8 Referee Nationality

The referee shall be of the same nationality as the one in the IKA database (Kurash data base). The IKA Referee Commission shall verify annually the nationality of the referee. The evidence of citizenship shall be the production of a valid passport issued by the represented country.

A referee shall represent only one country within the same Asian Games Cycle.

If a referee has multiple citizenships:

- He shall inform the IKA Referee Commission he depends on.



- He shall choose only one nationality, which he shall represent during the ongoing i.e., Asian Games cycle.
- He shall not referee an athlete who has the same citizenship(s) as he does.

If a referee holds a function within a National Federation of a country, he doesn't hold the citizenship of, he shall inform the IKA Referee Commission he depends on and shall not referee an athlete representing this National Federation.

The concerned IKA Referee Commission shall inform the IKA IT Team of the nationalities and national functions of each referee, for the technical draw procedure of referees.

1.8.1 Change of Referee Nationality

A referee shall inform the IKA of any change regarding his nationality.

A referee who has represented a country in an IKA official competition and who has changed his nationality or acquired a new nationality may represent his new country in the next i.e., Asian Games cycle.

A referee cannot represent a new National Federation without the approval of the IKA.



Competition Rules



2.1 Competition format and schedules

The **Standard IKA schedule** that includes a competition (contests between athletes for medals and prize money) and other sport-related activities (i.e., accreditation, draw etc.).

The IKA competitions, also known as Events: ALL LEVELS AND AGES normally consist of two (2) sessions, the preliminaries and the final block. The competition phases that take place in the sessions depend on the type of event. Any changes to this shall be agreed and approved by the IKA Sport Director/TD/ IKA REPRESENTATIVE. Depending on the number of participants some rounds may not be required for every category as round robin cases.

IKA Events Absolute Weight planned for 1 day	
Day 1	1 day event - open weight cat .MEN /WOMEN
NOTE	MIN WEIGHT ENTRY Women two (2) weights down (-87 kg, +87 kg) Men two (2) weights down (-120 kg, +120 kg)

2.2 Weight Categories for the IKA Events

The following weight categories shall be utilised in the World championships and competitions held under the auspices of the IKA.

2.2.1 Weight Categories for Individual Competitions

Cadet and Junior Women Under 17 years	-33 kg	Up to and including 33.0 kg
	-36 kg	Over 33.0 kg up to and including 36.0 kg
	-40 kg	Over 36.0 kg up to and including 40.0 kg
	-44 kg	Over 40.0 kg up to and including 44.0 kg
	-48 kg	Over 44.0 kg up to and including 48.0 kg
	-52 kg	Over 48.0 kg up to and including 52.0 kg
	-57 kg	Over 52.0 kg up to and including 57.0 kg
	-63 kg	Over 57.0 kg up to and including 63.0 kg
	-70 kg	Over 63.0 kg up to and including 70.0 kg
	+70 kg	Over 70.0 kg



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Senior Women	-48 kg	Up to and including 48.0 kg
	-52 kg	Over 48.0 kg up to and including 52.0 kg
	-57 kg	Over 52.0 kg up to and including 57.0 kg
	-63 kg	Over 57.0 kg up to and including 63.0 kg
	-70 kg	Over 63.0 kg up to and including 70.0 kg
	-78 kg	Over 70.0 kg up to and including 78.0 kg
	-87 kg	Over 78.0 kg up to and including 87.0 kg
	+87 kg	Over 87.0 kg
Cadet and Junior Men Under 17 years	-38 kg	Up to and including 38.0 kg
	-42 kg	Over 38.0 kg up to and including 42.0 kg
	-46 kg	Over 42.0 kg up to and including 46.0 kg
	-50 kg	Over 46.0 kg up to and including 50.0 kg
	-55 kg	Over 50.0 kg up to and including 55.0 kg
	-60 kg	Over 55.0 kg up to and including 60.0 kg
	-65 kg	Over 60.0 kg up to and including 65.0 kg
	-71 kg	Over 65.0 kg up to and including 71.0 kg
	-77 kg	Over 71.0 kg up to and including 77.0 kg
	-83 kg	Over 77.0 kg up to and including 83.0 kg
	-90 kg	Over 83.0 kg up to and including 90.0 kg
	+90 kg	Over 90.0 kg
Senior Men	-60 kg	Up to and including 60.0 kg
	-66 kg	Over 60.0 kg up to and including 66.0 kg
	-73 kg	Over 66.0 kg up to and including 73.0 kg
	-81 kg	Over 73.0 kg up to and including 81.0 kg
	-90 kg	Over 81.0 kg up to and including 90.0 kg
	-100 kg	Over 90.0 kg up to and including 100.0 kg
	-120 kg	Over 100.0 kg up to and including 120.0 kg
	+120 kg	Over 120.0 kg



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2.2.2 Weight Categories for Mixed Team Competitions

Senior and Junior Mixed Team	-57 kg	Women	Up to and including 57.0 kg
	-73 kg	Men	Up to and including 73.0 kg
	-70 kg	Women	Over 57.0 kg up to and including 70.0 kg
	-90 kg	Men	Over 73.0 kg up to and including 90.0 kg
	+70 kg	Women	Over 70.0 kg
	+90 kg	Men	Over 90.0 kg
Senior Mixed Team Olympic Games	-57 kg	Women (48 kg, 52 kg, 57 kg*)	Up to and including 57.0 kg
	-73 kg	Men (60 kg, 66 kg, 73 kg*)	Up to and including 73.0 kg
	-70 kg	Women (57 kg, 63 kg, 70 kg*)	Up to and including 70.0 kg
	-90 kg	Men (73 kg, 81 kg, 90 kg*)	Up to and including 90.0 kg
	+70 kg	Women (70 kg, 78 kg, +78 kg*)	Over 70.0 kg
	+90 kg	Men (90 kg, 100 kg, +100 kg*)	Over 90.0 kg
Cadet Mixed	-48 kg	Women	Up to and including 48.0 kg
	-60 kg	Men	Up to and including 60.0 kg
	-63 kg	Women	Over 48 kg up to and including 63.0 kg
	-81 kg	Men	Over 60 kg up to and including 81.0 kg
	+63 kg	Women	Over 63.0 kg
	+81 kg	Men	Over 81.0 kg

*Athletes qualified only in these individual categories can take part in the individual or mixed team category. **WAITING FOR APPROVAL DRAFT**



AGE, DURATION, COMPETITION SYSTEM

2.3 Age Groups

Athletes under 15 years of age are not allowed to compete in any official IKA event, or events organised either under the auspices of the IKA or sanctioned by the IKA. The lower age limit for all IKA competitions is 15 years (calendar year).

The following age categories are recognised by the IKA:

- Cadet - men and women under 15, age 14 and 15 years (calendar year).
- Junior - men and women under 17, age 16 and 17 years (calendar year).*
- Senior - men and women, there is only the lower age limit of 17 years (calendar year).

National Federations shall use the term youth to define cadets and juniors and any age groups from 14-17 years that are different to the IKA cadet and junior age.

* For Seniors above the age of 35 from – 100 to open weight categories special provisions are made that if they make a request to the IKA and after agreement to produce a medical certificate, they may be granted the right to fight.

2.4 Time Duration of Contests

Regulations related to weight categories, age, contest duration and recommendations for youths.

1) Males:

from 4 to 11 years — 2 minutes of pure time

from 11 to 16 years — 3 minutes

from 16 to 35 years — 4 minutes *

from 35 to 56 years — 3 minutes

from 56 years and above — 2 minutes

2) Females:

from 4 to 16 years — 2 minutes

from 16 to 35 years — 3 minutes

from 35 years and above — 2 minutes

Note: no athlete less than 14 years old (calendar year) is allowed to take part in any IKA official competition. The additional categories (12/13, 8/11, 4/7 years) are recommendations only but not under IKA – possible at National Level.

The IKA do not hold competitions for athletes in the 4/7 years, 8/11 years and 12-13 years. The National Federations shall design their own national concept.

* For Seniors above the age of 35 from – 100 to open weight categories special provisions are made that if they make a request to IKA and after agreement to produce a medical certificate, they may be granted the right to fight. (Temporarily open but needs approval of Congress)



2.5 Competition Systems

The IKA recognises men's and women's competitions. Contests between men and women are not permitted.

There are many different competition elimination bracket systems. In Kurash only knockout system (direct knockout) is used. Gold, silver and two (2) bronze medals shall be awarded except in the case of low numbers.

For all events where world ranking points can be given, a uniform system shall be used. On the draw sheet the athlete/team on top wears a Blue Yakhtak and the one below wears a Green Yakhtak.

2.5.1 Direct Knockout

This is a direct elimination format without a repechage. The losers of the semi-finals shall both be awarded bronze medals. The winners of the semi-finals shall compete for the gold and silver medals. The four athletes losing the quarter-finals are classified equal fifth.

2.5.2 Round Robin (5 Athletes or below)

A round robin system may be used, and this is defined as a system where each athlete shall compete against the other.

The following Round Robin rules to define the winners are used:

Rule 1. Number of wins.

Rule 2. If there are an equal number of wins, the sum of points for scores: Khalol/2 Yonbosh-Khalol = 10, Yonbosh = 7. Chala =3 (not accumulating) All scores achieved shall be counted for both the winner and loser for each contest in the category. An athlete can get a maximum of 10 points per contest. Points are same regardless of if they are achieved in the regular contest time.

Rule 3. Direct comparison: if two (2) athletes have an equal number of wins and sum of points for scores, the athlete who won the contest between them is defined as better.

Rule 4. If there are an equal number of wins and no direct comparison possible because of "beating in circle": the shortest accumulated time of all winning contests shall decide.

Rule 5. If there is a case of equal time: weight at the official weigh-in. The athlete with the lower weight is defined as better.

If there are 3 or 4 athletes and one athlete loses all fights, he/she shall not receive a medal.



2.6 Event Outlines

For each IKA event, the outlines shall be published as an invitation and sent to National Federations. The deadlines in the outlines shall be respected and application forms shall be sent.

Minimum time to send out Regulations is in 45 days, but we recommend 2 months in advance.

2.6.1 Visas

The LOC shall assist with visas where possible but having the correct visa is the responsibility of each participant. Visa applications shall only be accepted for people who are officially part of the delegation for the event.

The invitation letters issued by the LOC shall only be used for visa application for the concerned event.

It is the responsibility of the National Federation to ensure that their delegation respects the conditions of stay defined by the Government of the country hosting the event. If any participant does not respect these conditions, any costs arising shall be borne by the National Federation concerned.

2.6.2 Transportation

The LOC shall provide transportation for competing delegations during the competition. This transportation service (including airport transfers) is only offered on the days when the delegations are booked in an official hotel through the LOC. On days delegations are using an unofficial hotel or an official hotel, not reserved through the LOC, they are not allowed to use the official event transportation.

If the delegation misses the transport deadline, the LOC are not obliged to provide airport, train or bus station transfers.

2.6.3 Accommodation

All delegations, who inscribe for an IKA event, shall reserve their accommodation in one (1) of the official hotels published in the event outlines. The reservation shall be made with the LOC (not directly with the hotel).

The minimum reservation for a delegation is two (2) nights multiplied by the total number of people registered. The referee nominated by the IKA is not included in this calculation.

Examples:

- 4 people registered (no referee) = 4×2 nights = 8 nights or more shall be reserved.
- 17 people registered (including 1 referee) = $(17-1) \times 2 = 32$ nights or more shall be reserved.

This rule does not apply to the host National Federation delegates.



Event and Organisation Rules

The LOC shall do their best to provide the first choice of accommodation but as rooms might be limited this cannot be guaranteed.

After the accommodation deadline, the LOC cannot promise rooms in the hotels detailed in the outlines and another official hotel may be added. Accommodation cancellation fees shall be detailed in the event outlines.

Any damage to hotel property resulting from the stay of a national delegation shall be charged to the national federation and shall be paid in full.

Delegations are kindly requested not to dry clothing (including Yakhtak) or have training sessions in the corridors of the official hotels.

According to the IKA rule, “the organising country shall not request penalties fee for participating countries who cannot make bank transfers but can pay in cash upon arrival. Those countries who cannot make bank transfers shall inform the LOC well in advance that they shall pay cash on arrival”.

All bank fees and bank transfer costs shall be paid by the participating National Federation. If payment is being made by bank transfer, the bank information shall be inserted correctly and completely on the transfer document and any procedures related to amendment of the bank transfer shall be done before arrival.

Delegations shall ensure that all bank charges are paid at their end so that the LOC receive the correct amount of funds without any deductions. The person attending accreditation shall bring the proof of the bank transfer (unless previously agreed with LOC to pay cash upon registration).

2.6.4 Training

Training is the responsibility of the LOC. Planning and scheduling of training sessions shall be organised taking into consideration requests made by delegations daily on a first request made first-served basis. To book training contact the LOC.

2.7 Official Notice Boards

All event information (transport times, training schedule, departure schedule etc.) for the delegations shall be communicated and posted on the official notice boards in each official hotel and in the warm-up area. The information can also be found online in the IKA notice board Telegram or WhatsApp group.

2.8 Invitation for ITO's / NTO's

The IKA Technical Commission shall appoint the ITO's for competition in the IKA Calendar on the level of Competition, with Conditions indicated in the invitation letter.

The NF has no right to stop or substitute the nominated person by the IKA.

The ITO's comprise of Referees/Sport/Organisation people for the said Event.



Event and Organisation Rules

All ITO's shall respect the Dress Code (black suit, white shirt, black tie) unless they are at Continental Games (e.g., Asian Games)

National Technical Officials (NTOs) are trained by IKA TD and will assist ITOs during the event they can be dismissed at any time by the IKA TD for not performing the duties correctly





IKA WORLD RANKING LIST & REGULATIONS



3.1 IKA World Ranking System Criteria

Marked in the IKA Calendar:

Medals	World Championship	Continental Championship	International Championship
Gold	1000 points	500 points	200 points
Silver	700 points	300 points	100 points
Bronze	500 points	200 points	50 points
Participation	100 points	50 points	25 points

Only one participant in each weight category per country. No limit for international players.



ENTERIES ACRREDATIONS



4.1 Participation Rules for IKA Events

Any delegate is eligible to inscribe in a competition provided he fulfills the following requirements:

- Not under a disciplinary suspension;
- Not under suspension for anti-doping rule violation;
- Not under medical suspension;
- Healthy and fit for competition;
- Do not carry any communicable diseases that may risk other delegates' health;
- Is the correct age for the competition that the athlete wants to enter. Any National Federation entering athletes that are not of the correct age shall be subject to an investigation and possible disciplinary action;
- Has sufficient technical knowledge and understands fully the IKA sport and refereeing rules.

4.2 Entries for IKA Events

Only entries of Official member National Kurash Federations shall be accepted.

In some exceptional cases, to protect an athlete's career, the IKA can inscribe an athlete into an IKA event, under his National Federation Flag or under the IKA flag, according to the specificity of the case.

The name and date of birth of each delegate shall match that of their passport.

The President of a National Federation cannot act as a coach or referee during events organised by the IKA.

Athletes can be entered in ONLY one weight category per IKA event. Each person can only be inscribed with one function (i.e., athlete, coach, referee, team official etc.) per event. This rule is not the same for veteran events

After the deadline changes can be made through the Sports Director PROVIDING THERE IS ENOUGH TIME, due to injury or illness. For example, an injured athlete can be replaced by another athlete regardless of gender or weight category. An ill team official can be replaced by another team official etc. (depending on the time slot).

The normal number of entries, is one per weight category. If two or more athletes from the same country are registered in the same weight category, a preliminary qualifying match shall be conducted among them, and the winner will move forward to the main Pool.

Moreover, in such cases as Special Prize Fund tournaments where we witness a large number of athletes from one country and a few from other countries, one side of the pool will be the host athletes and the other side will be the foreign athletes.



Official deadlines shall be respected. Late entries, may not get discount price for the hotel, or visa.

In order to get accreditations one team delegate shall stay at one of the official hotels in the Regulations sent.

4.3 Accreditation

The purpose of accreditation is to identify people and their roles at events and allow them necessary access to perform their roles in different zones.

At least one team delegate shall attend on time to confirm the entries of all athletes and officials with a signature on the delegation confirmation list. A delayed appearance or no-show may result in the exclusion of all participants from the draw and the event. In case of unforeseen delay of arrival or cancellation, the National Federation shall immediately contact the LOC.

For each official team member from a national delegation (athletes, coach, team official, doctor etc.) an accreditation card is issued by the IKA during accreditation.

A delegate shall never wear another delegate's accreditation card. The accreditation card remains the property of the IKA and can be withdrawn, with immediate effect, at the IKA's sole discretion.

The accreditation card is valid for the duration of the competition and is the personal identity document of the delegate for all security and access controls. This card contains: last (family) name, first (given) name, country, IKA ID number, a picture and, for athletes, their weight category (and WRL position after 2022).

At World Championships and whenever it is necessary to verify the age and/or nationality of an athlete, a member of the IKA Sport Commission or its representative shall check the passport or national identity card (a high-quality photocopy or scan shall also be accepted).

Quota for officials for accreditations (includes team officials, coaches, doctors, and physiotherapists):

- One – four (1-4) athletes = three (3) officials.
- Five – nine (5-9) athletes = five (5) officials.
- 10 or more athletes = seven (7) officials.

The accreditations for National Federation presidents, referees are not included in the above calculation.

Replacement of lost or forgotten accreditation shall be charged at 10US\$ to be paid to the LOC.



Event and Organisation Rules



DRAW

SUPERVISED
BY

IKA TD / SPORT

DIR



5.1 Draw regulations

The draw for all IKA Event is done a day before the competition or as stated in regulation.

After the closing of accreditation and before the start of the draw the lists of athletes by category shall be posted outside the draw room and in the IKA notice board. Any errors or changes shall be reported to the IKA IT Team before the start of the draw.

If the coach or official does not make changes to the Names or Weight Category, the IKA presumes that it is correct.
Once Draw is done it shall be the final, there is no re-draw.

With attendees a maximum of two (2) delegates per National Federation may attend the draw.

Dress code: formal suit (jacket, trousers, shirt, and tie for men; jacket, trousers/skirt/dress, blouse for women) and formal shoes.

The draw shall be carried out by computer with the use of the software (or other software if the IKA authorised) under the direction of the IKA Sport Director or TD.

The organising committee shall distribute copies of the draw on demand after being signed by TD or Sports director of IKA.

5.2 Seeding for IKA Events

For the World Championships, Continental Championships, Continental Games and Cadets and Juniors Continental Cups up to a maximum of the top eight (8) athletes among the entered athletes in each weight category shall be seeded based on their IKA WRL position.

For the rest of the draw separation by nations shall be respected. In a category, seeding position has the priority over nationality division of the athletes. This means that athletes of the same country may end up in the same pool because of their seeding position or because there is no other possible position for them due to the ranking of the other athletes. This case applies to all ages except senior championships, where one member is present from each country in the main pool.

In theory, seeding shall separate the strongest athletes in each category, so that they meet at a later stage.

For example, the best two (2) athletes shall not meet until the final and the top four until the semi-final and the top eight (8) until the quarter-finals.

Where athletes/teams have the same ranking position, the draw system shall automatically do a pre-draw to define the athlete seeding position.



Event and Organisation Rules

Seeding in elimination bracket (Knock out) system is set up to have the draw placing the:

- Number one (1) seed vs. the number eight (8) seed in Pool A.
- Number two (2) seed vs. the number seven (7) seed in Pool C.
- Number three (3) seed vs. the number six (6) seed in Pool D.
- Number four (4) seed vs. the number five (5) seed in Pool B.

(Please see the chart below)

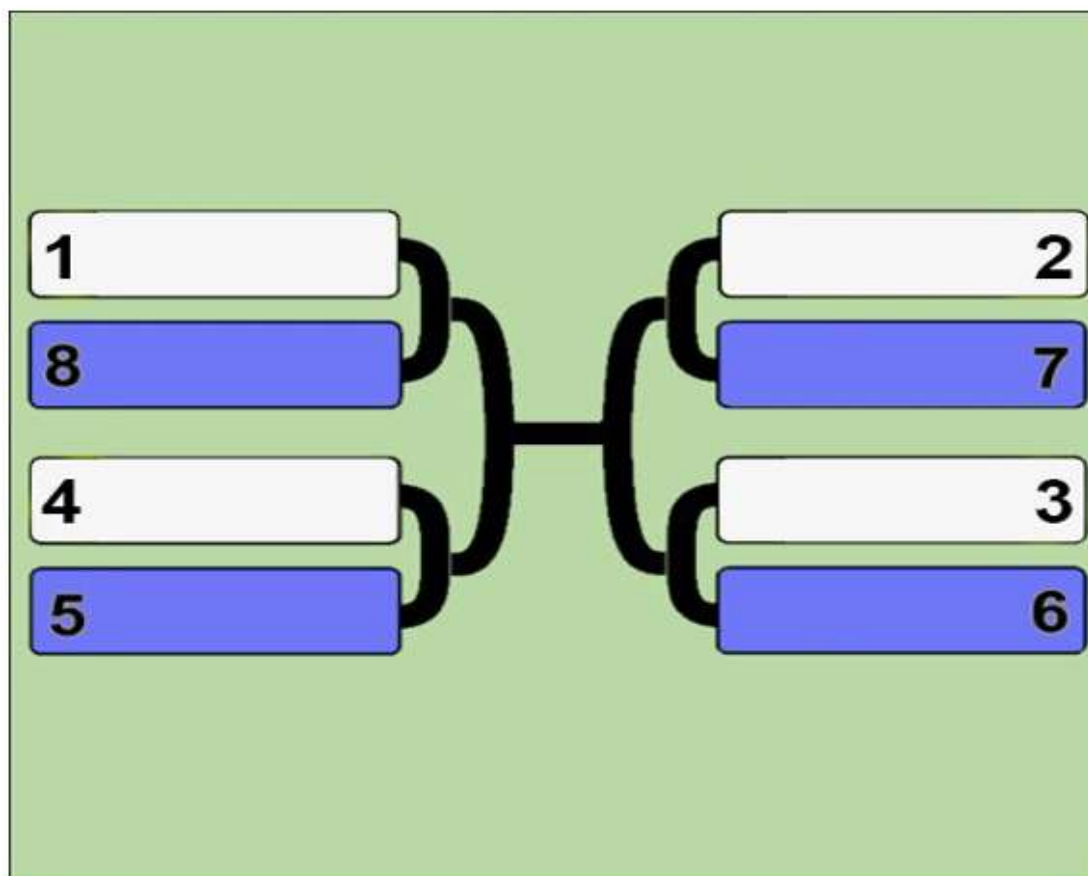
Seeded athletes are always placed in the same position on the draw sheet.

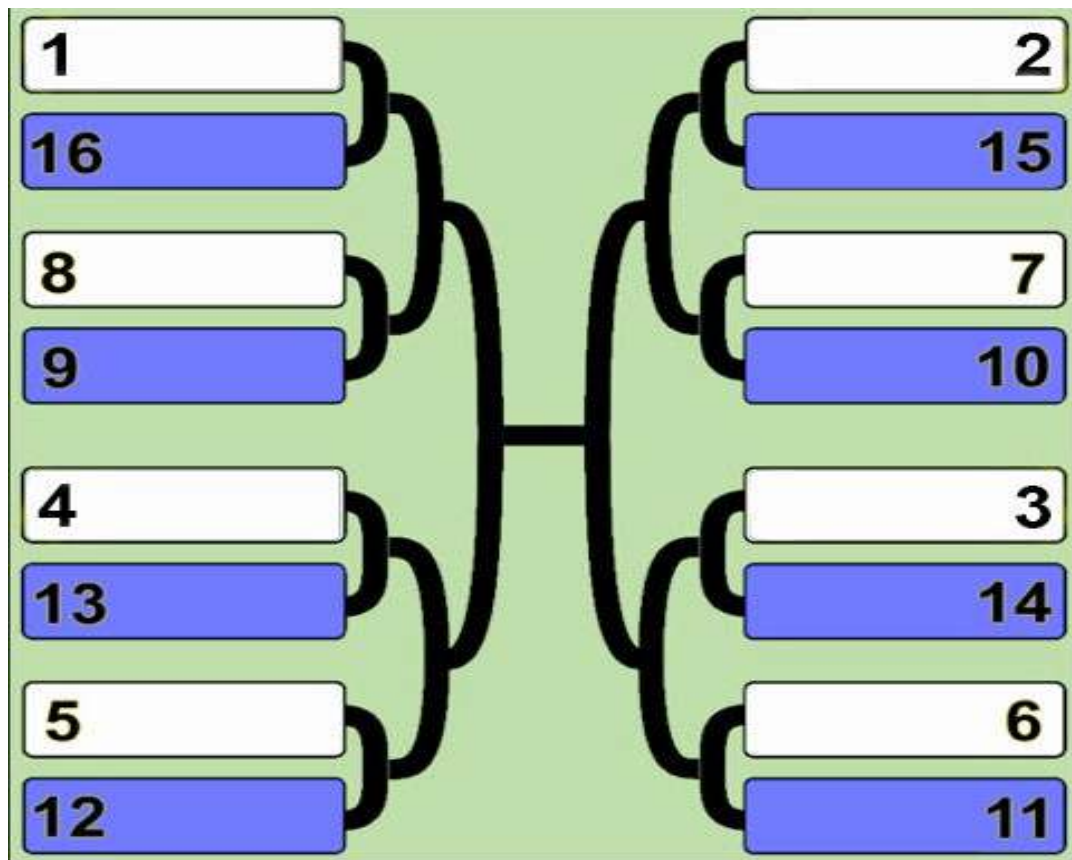
Seeding shall not be used in the Round Robin system.

Seeded athletes, when possible, do not have to compete in the first round, and may have a rest depending on the programme.

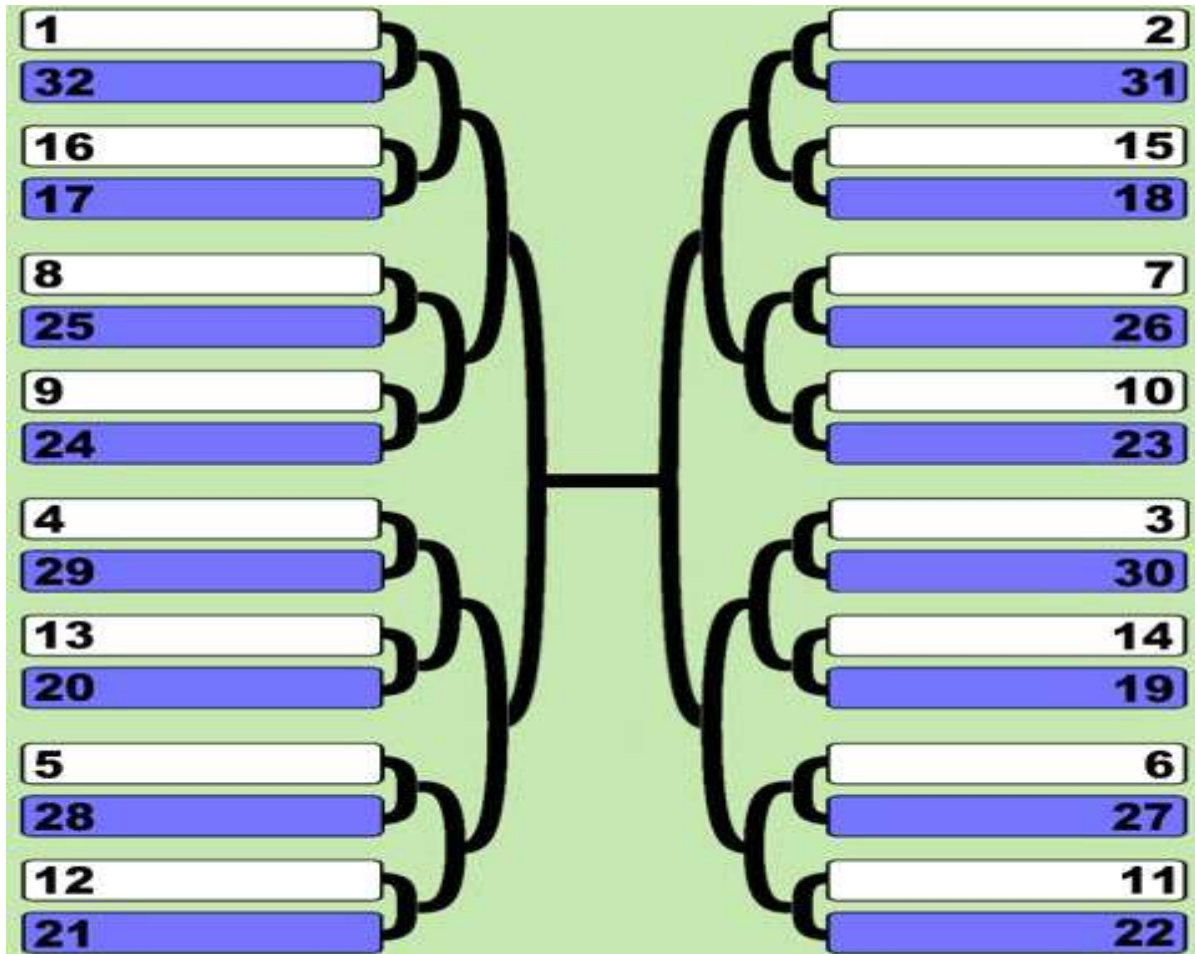
IMPORTANT NOTE: IN OPEN WEIGHT CATEGORY CHAMPIONSHIPS THE MINIMUM WEIGHT FOR PARTICIPANT ARE: MEN -100 KG, WOMEN -70 KG.

LESS THAN THESE WEIGHTS PARTICIPANTS CANNOT ENTER THE COMPETITION.





Event and Organisation Rules



A photograph of two male athletes in a judo match. The athlete on the left is wearing a blue and white gi with a red belt, and the athlete on the right is wearing a green and white gi with a red belt. They are both in a dynamic pose, with the athlete in the green gi appearing to be in a defensive or evasive position. The background is a blurred outdoor setting with a green wall and a brown banner.

OFFICIAL WEIGH-IN



Event and Organisation Rules

6.1 Location of the Official Weigh-in

The weigh-in can take place in one (1) location, either in the competition venue or in an official hotel allocated by LOC for participating delegations.

From the arrival of the first delegation, a minimum of one (1) set of test scales shall be available in a closed room in each official hotel. The test scales shall be available daily between 08:00 – 22:00 for athletes to check their weight. The IKA Sport Commission shall be informed if there are any issues with the test scales. There shall be a set of Test scales for men and one for women.

6.2 Official Weigh-in Rules

The official weigh-in shall be held in separate rooms for men and women with enough calibrated electronic scales showing only one decimal place i.e., 51.9 kg, 154.6 kg. If the official scales show more than one decimal place the additional decimal places shall be covered by tape (3 scales shall be available).

If more than one (1) scales is being used, then the weight category to be controlled shall be clearly indicated beside that scales. A level solid floor is preferred, but if the room has a carpet the scales shall be placed on a large piece of level solid wood.

For the IKA events the official weigh-in is organised in one day, same day in the morning of the competition: 6.00 to 6.30 unofficial, 6.30 to 7.00 official weigh-in unless a different time is proposed by LOC, it shall be agreed by the IKA Sport Commission. The unofficial weigh-in shall start 30 minutes before the official weigh-in and the official weigh-in period shall be between 30 – 60 minutes, the exact times shall be published in the event outlines.

Athletes are allowed to check their weight on the unofficial weigh-in scales from 30 minutes before the official weigh-in commences. There is no limit to the number of times each athlete may check their weight during the time of the **unofficial weigh-in**.

Passing the official weigh-in is the responsibility of the athlete. During the official weigh-in only the weight registered on the official scales, for the weight category, shall be considered. **Only one time** on the scales is allowed for official weigh-in. **YOU CANNOT WEIGH NAKED.**

6.2.1 Official Weigh-In for Individual Events

Junior and senior athletes shall be within the weight limits of a category in which they are inscribed. You are not allowed to remove Pants or Underwear on the scales. There is no tolerance.

6.3 Official Weigh-in Procedure

The LOC shall make available a minimum of two (2) national referees / officials per each official scales. One to check the passport (or national ID card) and weight of the athlete and one to record the exact weight on the official weigh-in



Event and Organisation Rules

list. An additional official/volunteer shall also be available to control the flow of athletes.

There shall be one (1) IKA sport commission and two (2) IKA referees to supervise and to sign final documents (six (6) people in total 3 men and three (3) women).

To protect the privacy of the athletes, officials supervising the weigh-in shall be of the same gender as the athletes.

The IKA sports commission shall provide one copy of the weigh-in list for each weight category for the LOC and one copy for the members of the IKA Sport Commission conducting the weigh-in before the scheduled start of the official weigh-in period.

Photography or filming is not permitted in the weigh-in area. NO COACH IS ALLOWED IN THE WEIGH-IN ROOM. Only athletes with passport (or national ID card) are allowed. No copies are accepted.

Procedure:

- All coaches and other team delegates shall leave the weigh-in room before the start of the official weigh-in.
- Athletes can stand on the scales only once during the official weigh-in period.
- Athletes shall bring to the weigh-in their IKA accreditation card issued for the competition and their passport (or national ID card), no copies.
- Athletes shall present the document to the official who shall verify their identity.
- The official then invites the athletes to stand on the scales.
- Athletes shall weigh wearing only underclothing (men – underpants, women – underpants and bra). Any head covering, watches, glasses, socks, jewellery, and body piercings shall be removed.
- Athletes are NOT allowed to remove their underclothing – without stepping off the scales - to ensure they reach the minimum or the maximum weight limit of the weight category in which they are entered.
- The official supervising the weigh in shall note and record the weight of the athlete in kilograms to one decimal point i.e., 51.9 kg, 73.0 kg.
- Athletes step off the scales.

NOTE: YOU CANNOT GET YOUR CLOTHES OFF ONCE ON THE SCALES.

6.3.1 Failure to Appear for the Official Weigh-in

Should an athlete fail to appear for weigh-in during the official weigh-in period, this shall be noted beside his name on the official weigh-in list. A weigh-in official and the IKA delegate shall sign the weigh-in form. The athlete shall be excluded from the competition. A decision on special cases (force majeure etc.) shall be taken by the IKA Sport Commission.



6.3.2 Failure to Weigh Within the Prescribed Limits of a Category

Should an athlete weigh either above or below the prescribed limits for the category in which he is entered, the exact weight shall be recorded and signed by a weigh-in official, and a member of the IKA Sport Commission and by the athlete himself. The athlete shall be excluded from the competition. There is no weight change at the weigh-in.

6.3.3 Failure to Comply with Official Directions or with the Requirements of the IKA EOR

If at any stage during the weigh-in, an athlete fails to comply with the directions of any weigh-in official or an IKA delegate or fails to comply with the requirements of the IKA EOR, the athlete shall be prevented from participating in the weigh-in and the nature of the infraction brought immediately to the attention of the IKA Sport Director.

6.3.4 After Official Weigh-in Procedure

Anyone not passing the official weigh-in shall not be allowed to take part in the competition.



EDUCATION & COACHING



7.1 Coaches' Code of Conduct

Coaches shall respect the IKA Ethics and Disciplinary Code, statutes and regulations of the IKA. In the case of an infringement proven, penalties may range from a simple verbal warning to exclusion of competition, fine or cancellation of the IKA international coaching licence.

Coaches shall make sure that their athletes follow the instructions of the organisers, the schedules and different protocols.

NO Coaches are allowed by the side of the Gilam unless they hold the IKA international 'A' coaching licence. However, coaches are allowed in the warm-up area.

If a coach is sanctioned by a referee, the Referee Director shall inform immediately the Director of Education for a sanction to be applied.

If an accredited coach communicates from the tribunes, protesting or bad behavior, his accreditation shall be withdrawn, and he shall be excluded from the sport hall.

Coaches are responsible for their delegation and shall educate their athletes. If a delegation does not follow the rules ALL coaches from that delegation shall have their accreditation removed for that day and if found coaching from the tribune with bad behavior shall be subject to a disciplinary sanction.

If a coach has the IKA international 'A' coaching licence, he may sit by the side of the Gilam.

From semifinals and finals, coach shall be dressed in an official suit.

From the start (KURASH) to stop (TOKHTA) the coach shall be quiet. He may advise when there 'TOKHTA' is called.



A full-page background image showing two male judo athletes in a dynamic struggle. The athlete on the left is wearing a blue and white gi with a red belt, seen from the back. The athlete on the right is wearing a green gi with a red belt, seen from the side. They are both barefoot on a wooden floor. A semi-transparent pink banner with white text is overlaid across the middle of the image.

COMPETITION & VENUE

8.1 Venue

The competition venue shall be large enough to host the event and have adequate seating for spectators, VIPs, delegations, and media.

To operate effectively, the venue shall be separated into zones for different activities and client groups. Wherever possible, different entry/exit doors and movement flows shall be also be established for different groups. If groups shall cross or mix, then it may be necessary to have security to assist with managing this. The access to sections shall be marked on the ID card.

8.2 Training Venue

The LOC shall provide training areas and transport for all delegations. The training areas shall be sufficient to accommodate the number of participants; it shall be adequately ventilated and a temperature of 18 - 22°C maintained. Gilam used in the training venue shall be approved by the IKA Sport Director. Gilam shall be placed on a resilient floor at a ground level. If the floor is concrete, there shall be Taraflex (or similar) underneath the Gilam. The minimum height above Gilam shall be 4 cm.

Training areas shall be provided that are separate from the warm-up area. Scales and medical provision shall be provided. Additional facilities can include changing rooms with lockers, showers, saunas, fitness equipment and a lounge area with drinks and snacks.

Training times shall be coordinated between the organising committee and the delegations.

8.3 Warm-Up Area

The warm-up area shall have the same rules as a Gilam. Television cameras may film there so it shall be kept tidy with NOTHING on the Gilam except the competing athletes warming up. For other activities (eating, resting etc.) alternative spaces shall be used. It is a shared space for all athletes to use. Delegations shall not guard a space for their team.

There shall be a warming-up area(s) the size of which shall be agreed by the IKA Sport Commission. Gilam used in the warm-up area shall respect the IKA Gilam rules. The Gilam needs to be placed on a resilient floor at ground level.

If the floor is concrete, there shall be Taraflex (or similar) underneath the Gilam. The minimum height above Gilam shall be 4 cm. The main purpose of the Gilam is for the athletes competing to warm up.



Event and Organisation Rules

The IKA Sport Commission shall restrict warm-up area access to those athletes that are competing that day. If there are no other training venue(s) then non-competing athletes shall not be allowed to access the warm-up area until two (2) hours after the start of the competition.

Screens showing the contest order and live contests shall be available in both the warm-up area and the Yakhtak Control areas so that coaches and athletes can always follow the competition.

A notice board shall be placed in or near the warm-up area so that information for the delegations can be displayed.

For the first contests of the day the athlete shall be at the Yakhtak Control fifteen (15) minutes before the official start time.

If any athlete is not able to continue in the competition, the IKA Sport Commission shall be informed immediately. The IKA Medical Commission delegate shall verify the withdrawal if it is due to a medical reason.

8.4 Yakhtak / Back Number

Check-in and Yakhtak control are the responsibility of the IKA Sport and Referee Commission. The Commission shall inform, by email, the IKA General Secretary of any cases where there is a breaching of the rules. The full IKA Yakhtak Rules can be found through this link:

<https://kurash-ika.org/2022/10/26/kurash-yakhtak/>

Reserve Yakhtaks MAY be available in the warm-up area depending on the size of the competition.

IF AN ATHLETE APPEARS ON THE GILAM WITH A NON-STANDARD YAKHTAK HE/SHE WILL BE DISQUALIFIED AUTOMATICALLY. IT IS NOT THE DUTY OF THE CONTROL TEAM TO ENSURE THE STANDARD OF YAKHTAK BUT TO GUIDE THEM ONLY.

Ladies must wear a PURE white round neck T-shirt with NO MARKING, any other colour of T shirt will result in direct disqualification.

The back number should be fixed on one day before the start of the competition the size of the Back number is normally 38x39 cm (Big Size) And 34x35 cm (Small Size), on the Back number the following can be displayed, sponsor logo, competition logo, name, weight, country abbreviation code these are chosen by the OC.

8.5 Athlete Seating and Facilities

The athlete tribune, changing rooms, toilets and other facilities etc. shall be as close as possible to the warm-up area.



8.6 Entry to and Exit from the Field of Play

The venue speaker(s) announce the athletes as they enter the field of play and the result of the contest. The athletes go onto the Gilam on the side opposite that of the technical table. If the athletes walk from the left, the first athlete called is the one in the blue Yakhtak followed by the green. If it is from the right, the first athlete called is the one in the blue Yakhtak followed by green.

In individual competitions an athlete can be accompanied onto the field of play with one USHER from LOC.

Athletes shall enter and leave the field of play wearing their Yakhtak in the proper way. It is not allowed to remove any part of the Yakhtak or the belt or to add items of clothing or accessories (caps, sunglasses etc.) until the athlete has left both the field of play and the mixed zone.

No National FLAGS are allowed on the Gilam

The wearing of athlete prescription glasses in the field of play shall be permitted but they shall be removed before entering the Gilam.

If an athlete refuses to leave the Gilam at the end of the contest, in serious cases both the athlete and the coach may be subject to a suspension of up to one (1) year.

Religious, political, personal, or commercial connotation is prohibited for everyone on the field of play and may result in suspension of the athlete.

8.7 Field of Play and Competition Area

A minimum of three entrances to the field of play are needed to run the competition and if there are less than this, it shall be approved by the IKA Sport Commission. The contest areas are numbered from left to right from the side where the technical table is located.

Each competition Gilam is divided into two (2) zones: the contest area and the safety area. Each area is a different colour with sufficient contrast to avoid misleading edge situations. The IKA Sport Commission shall agree the number of contest areas required. The contest area for the IKA events shall be a minimum of 8 m x 8 m and a maximum of 10 m x 10 m. (min 10x 10 max 16x16) The safety area shall be a minimum of 3 m. Where two (2) or more adjoining contest areas are used, a common safe zone may be used to satisfy the minimum distance of 4 m between them. A free zone of 50 cm minimum shall be maintained around the entire competition area. Any requests to change the size of the contest and safety area shall be approved by the IKA Sport Director.



Event and Organisation Rules

All Gilams for the IKA events shall be approved by the IKA. Each Gilam shall measure 1 m x 2 m x 4 or 5 cm and be made of pressed foam. They shall be firm under foot, have the property of absorbing shocks during throws, and not be slippery or too rough. The Gilam shall be placed on a resilient floor at ground level. The elements making up the floor surface shall be aligned without space in between; the surface shall be smooth and fixed in such a way that the individual Gilams cannot be displaced. If the floor is concrete, there shall be Taraflex (or similar) underneath the Gilam. The minimum height above the Gilam shall be 12 m from the lowest hanging object.

The official Gilam colours, for the IKA WJT events, are yellow and dark Blue. Any other colours proposed by the LOC shall be approved by the IKA before use. If a Gilam needs to be changed, reserve Gilam shall be available close to the field of play.

In World Seniors Championships and Continental Games, the contest area shall be 10 m x 10 m with a minimum common safety area of 4 m and a minimum exterior safety area of 4 m. This size is also recommended for Continental Championships. There shall be a start mark with 4 m in between where the athletes stand on before start.

Any decoration on the Gilam, such as the host city name, year or event logos, can only be placed on the safety area, never on the contest area. This decoration shall not be slippery and SHALL be approved by the IKA Sports Director.

For each competition area there shall be two (2) scoreboards that indicate the scores horizontally, placed outside the competition area where they can be easily seen by the athletes, referees, commission members, officials, and spectators. Manual scoreboards, manual timers, bell or similar audio device and flags (yellow and green) shall be available as backup.

When using several competition areas at the same time - the use of different audible signals is required. The time signal shall be loud enough to be heard over the noise of the spectators.

The LOC shall have a set of reserve Walkie Talkies in case there are any issues with the IKA ones.

For certain events e.g., Continental Games the Gilam may be placed on a solid platform. The platform shall be made of wood or a similar material. It shall be one (1) meter wider and longer than the Gilam dimensions. The height shall depend on the sight lines in the sport hall. When using a platform, the exterior safety area shall be 4 m.

8.8 Officials

All refereeing matters are the responsibility of the IKA Refereeing Commission. Refer to the IKA Refereeing Rules. 3 REFEREES on each Gilam one central referee and 2 side referees using the rule of 'Majority of three (3)'. The IKA refereeing uniform is black suit, white shirt, black tie and black socks.



8.9 Medical

All medical matters are the responsibility of the IKA Medical Commission and LOC. Seating of the medical team shall be approved by IKA S.D.

8.10 Media

All media matters are the responsibility of the IKA Media Director and LOC Media. It is expressly forbidden for all media including photographers to live stream at any time during the draw, competition or any other official IKA activity. They are not allowed to film, or photograph injured or bleeding athletes anywhere in the venue. Mobile devices shall not be used for any function while Gilam side.

Media are not allowed to access the warm-up area unless special access has been granted from the IKA. This shall be proposed and granted by the IKA at least two (2) weeks before the competition. Any member of the media who does not follow the above risks lose their accreditation and access to the competition.

8.11 Awarding Ceremonies

Each athlete who has won a medal shall be present at the ceremony to receive their medal personally. The athlete shall go to the awarding area immediately after their medal contest. Any athlete who is absent from the awards ceremony without a valid reason may forfeit the medal or prize money.

Athletes shall attend the medal ceremony barefoot, without any hat, cap or any similar head covering and wearing their **Blue Yakhtak for MEN and Green Yakhtak for Women** approved by the IKA. If it is not **clean**, then they shall wear a reserve Yakhtak.

It is strictly prohibited for athletes on the podium to have a mobile phone (or similar device), national flags or similar items other than those on their Yakhtak. Any demonstration with religious, political, personal, or commercial connotation is also prohibited.

Athletes shall also be available for interview in the mixed zone after the last awarding ceremony if requested by the IKA Media Team. If they do not attend, disciplinary action may be taken.

The flags shall be hung from left to right - silver, gold, bronze A, bronze B. First medals are given starting from Bronze (2), Silver, Gold, after mascot and medal – Bronze (2), Silver, Gold – followed by a national anthem, group photo all, group photo athletes only.



8.12 Delay, Postponement or Cancellation of a Competition

In the event of a delay (a competition has not started at its scheduled start time or is interrupted after the scheduled start) the competition shall be restarted if it can be completed within the scheduled session or an extended session (with the approval of TD).



Eligibility to Participate (A.1)

All the following conditions shall be met in full for an individual to be considered eligible to participate in these championships.

- Not under a disciplinary suspension.
- Not under suspension for anti-doping rule violation.
- Not under medical suspension.
- Healthy and fit for competition.
- Do not carry any communicable diseases that may risk other delegates' health.
- Hold a current and valid licence (membership) issued by a National Federation currently affiliated to the IKA.
- Pay or registered the appropriate entry fees in full before the deadline set in the event outlines.
- Check in at registration
- Meet the specific weigh-in requirements.
- Provide photographic proof of their identity and date of birth using a valid current passport.
- All athletes shall have obtained the minimum grade of line 2 of the IKA Grading Syllabus.

